



# **The livelihood strategies of households from Gemera and Orava in the context of quality of life**

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# The livelihood strategies and the quality of life

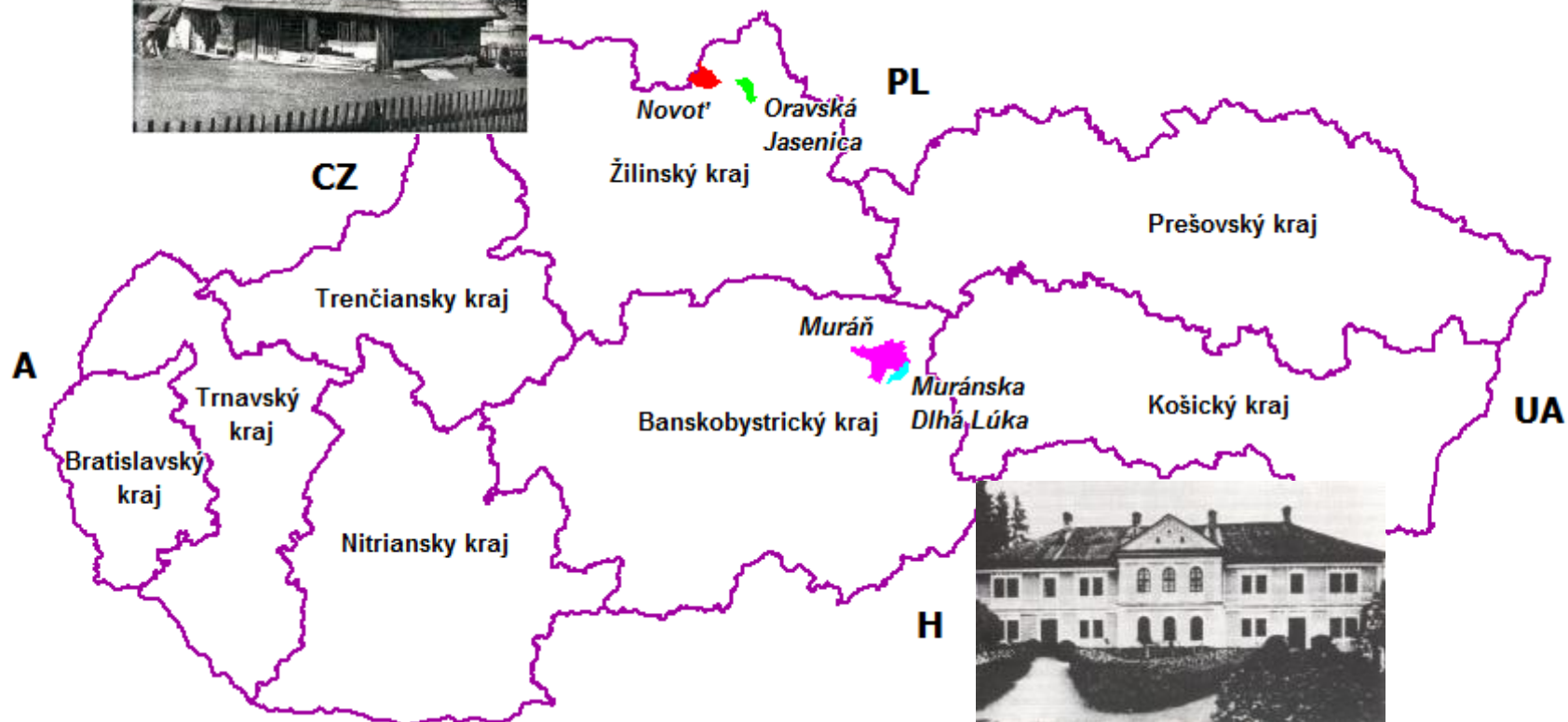
- Livelihood strategies include a combination of action and choice that people take to achieve their life goals. It is a dynamic process in which people combine various activities to carry out their needs in time and in different geographical and economic space, strategies are different in individual households. (DFID, 2001; Kollmar, 2002)
- They are purposeful activities of individuals (families, households), by which the individuals try to achieve the status of life considered to be optimal in the values of the community (Slavkov, 2005).
- Household strategies lead to the satisfaction or dissatisfaction with household life, they are a process that significantly affects and determines the **quality of life** of families, individuals, or household members.
- The quality of life can be seen as the rate in which the individuals take the advantage of the life possibilities. It is a summary of economic, social, health and environmental conditions affecting human life. (Mühlpachr, 2005)

We focused on:

- Demographic Differences
- Housing Conditions
- Specific economic factors
- Households facilities



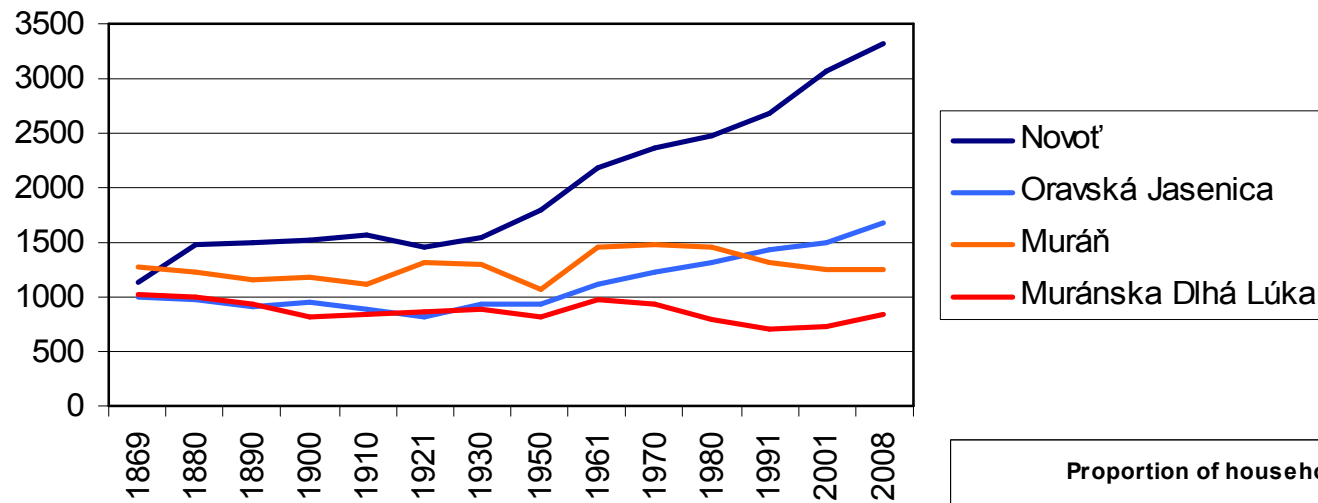
# Studied locations



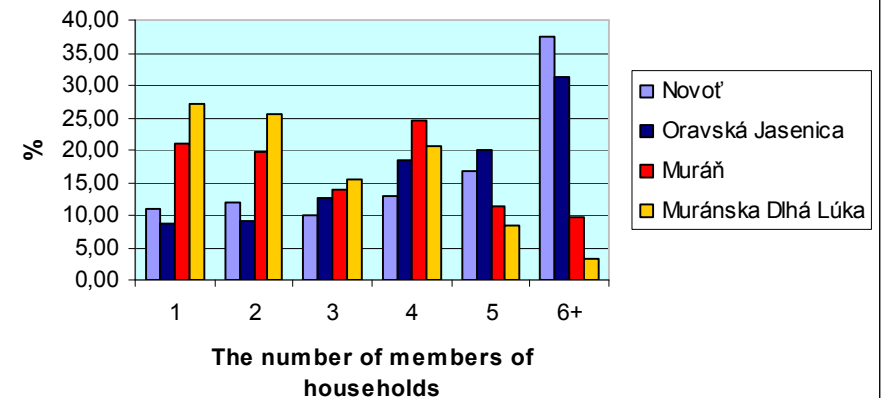
Rural communities	Population (31. 12. 2009)	The population density
Murán	1263	88,2
Muránska Dlhá Lúka	868	72,6
Novot	3350	122
Oravská Jasenica	1719	46,5

# 1. Selected demographic characteristics of households

Development of population of selected regions

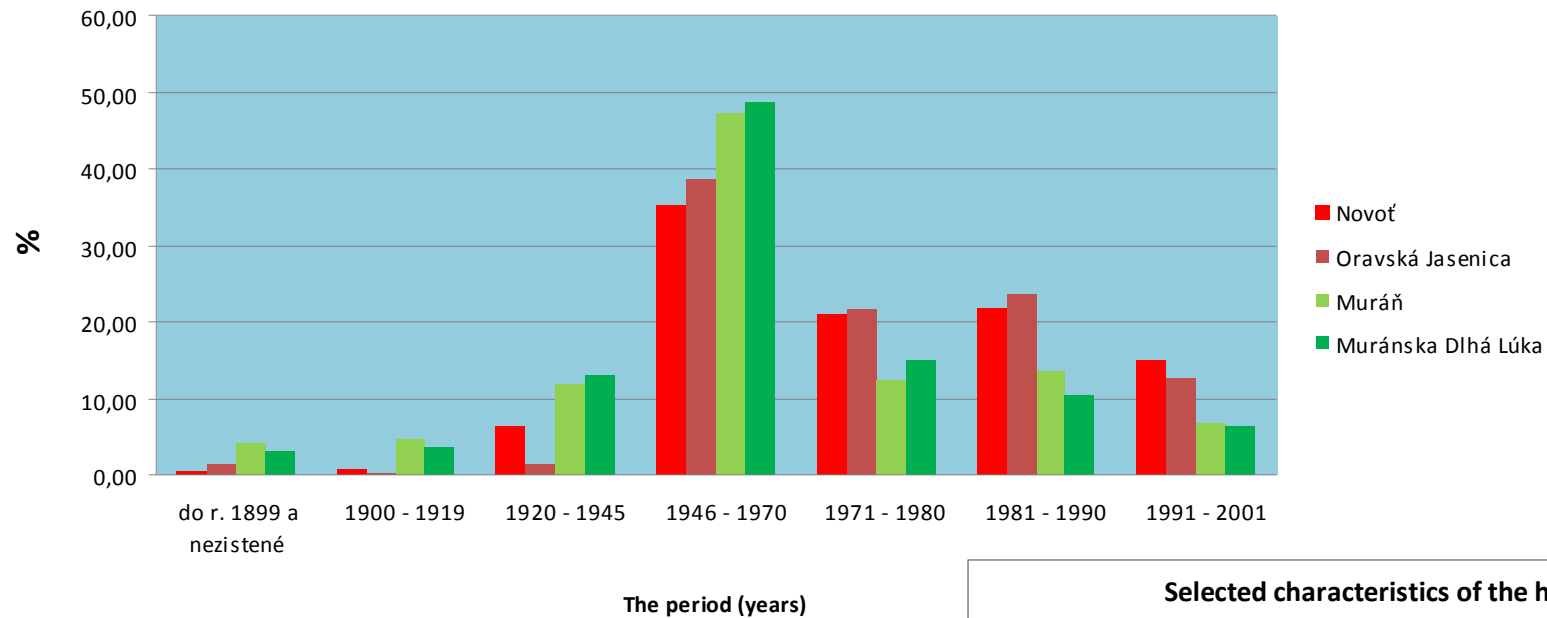


Proportion of households according the number of theirs members

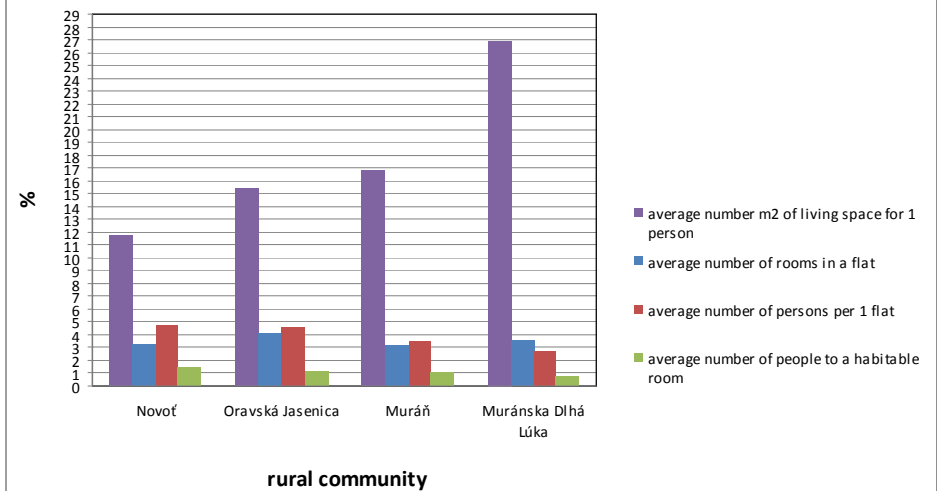


## 2. Housing conditions

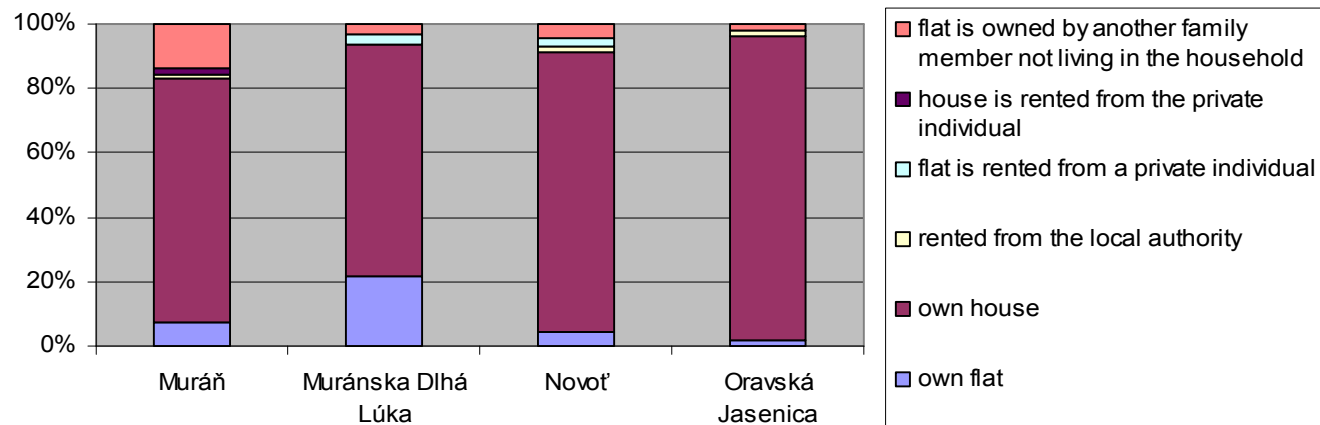
The proportion of built houses in different periods



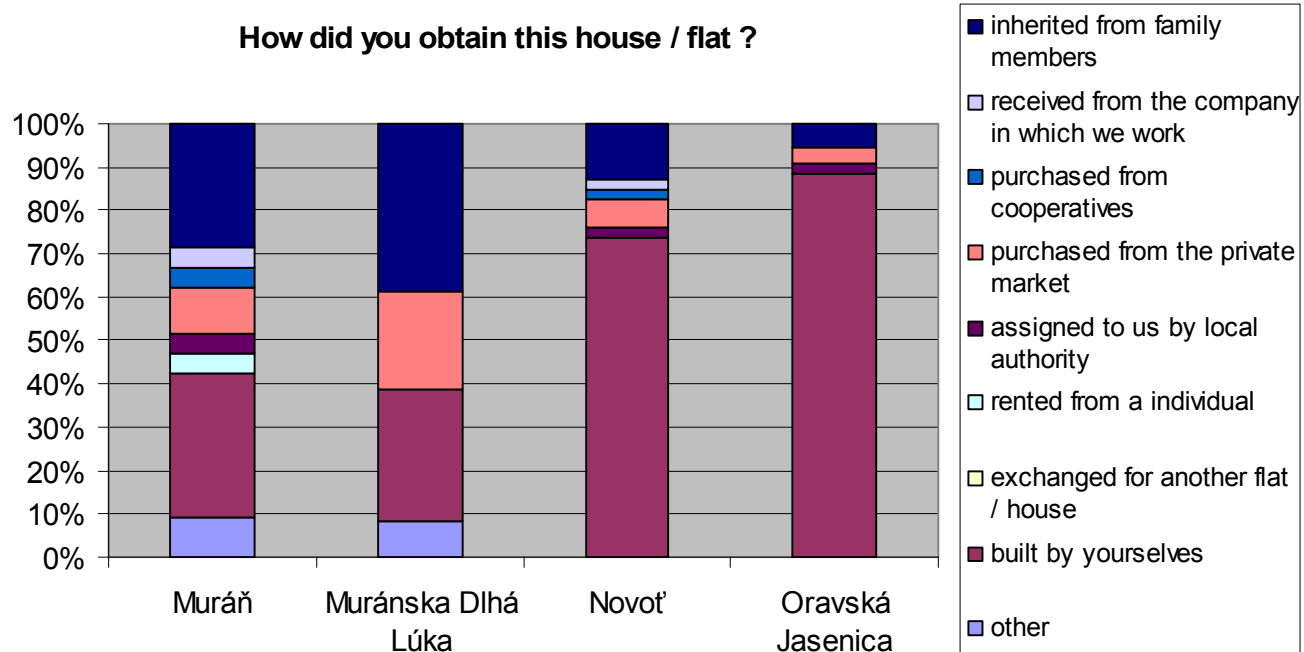
Selected characteristics of the housing stock



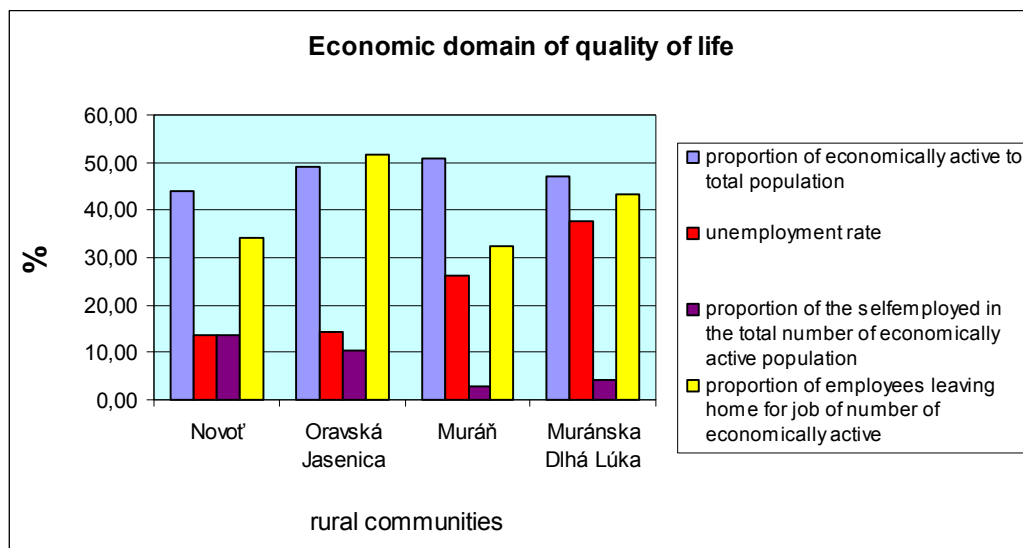
### What house do you live in ?



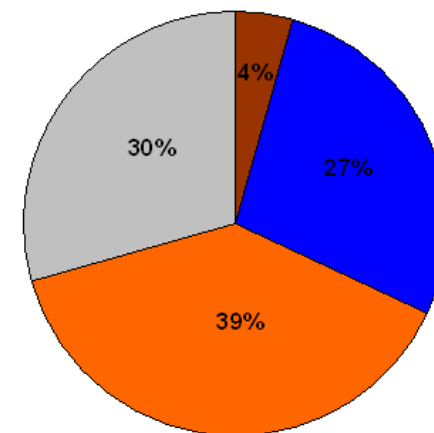
### How did you obtain this house / flat ?



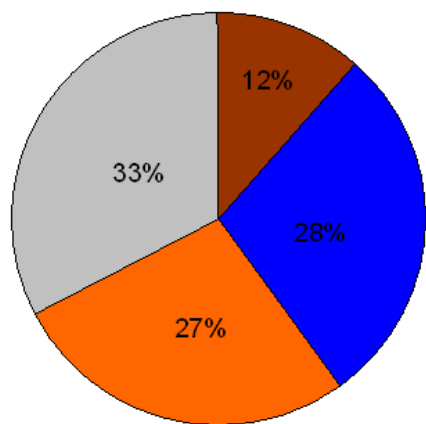
# 4. Specific economic factors



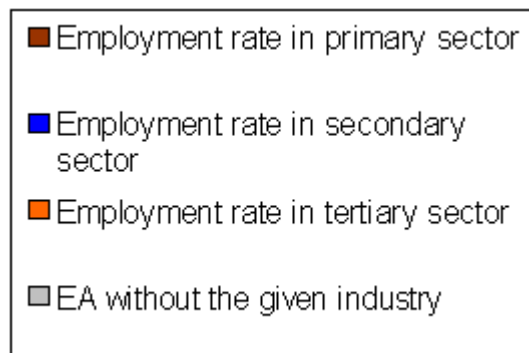
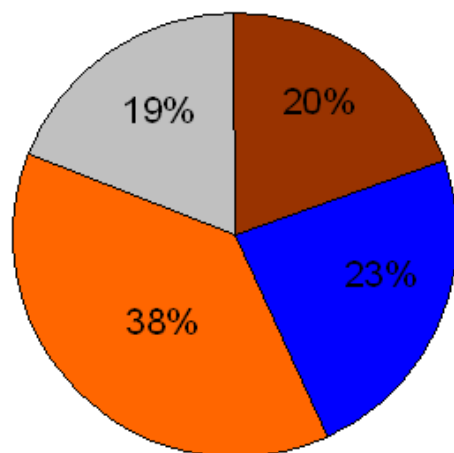
**Oravská Jasenica**



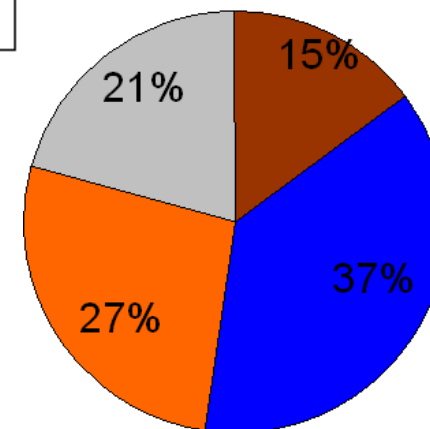
**Muránska Dlhá Lúka**



**Muráň**



**Novot'**





status of work	employee	tradesman / businessman	woman / man in the	not working (health reasons)	not working (maternity leave)	not working (study)	unemployed	working pensioner	non working pensioner	employed student	other
Muráň	33,33	8,81	0,63	0,63	2,52	4,40	20,13	1,26	23,90	3,14	1,26
Muránska Dlhá Lúka	30,12	4,82	1,20	1,20	2,41	8,43	14,46	2,41	34,94	0,00	0,00
Novot'	29,17	15,83	0,83	0,00	7,50	7,50	3,33	2,50	30,83	1,67	0,83
Oravská Jasenica	36,73	12,93	1,36	0,68	4,76	12,93	3,40	1,36	24,49	0,68	0,68

profession	director or manager	skilled non- manual worker	unskilled non- manual worker	skilled manual worker	unskilled manual worker	other
<b>Muráň</b>	8	30	4	24	6	0
<b>Muránska Dlhá Lúka</b>	3	6	1	13	8	0
<b>Novot'</b>	4	19	2	23	11	0
<b>Oravská Jasenica</b>	11	25	5	30	4	0

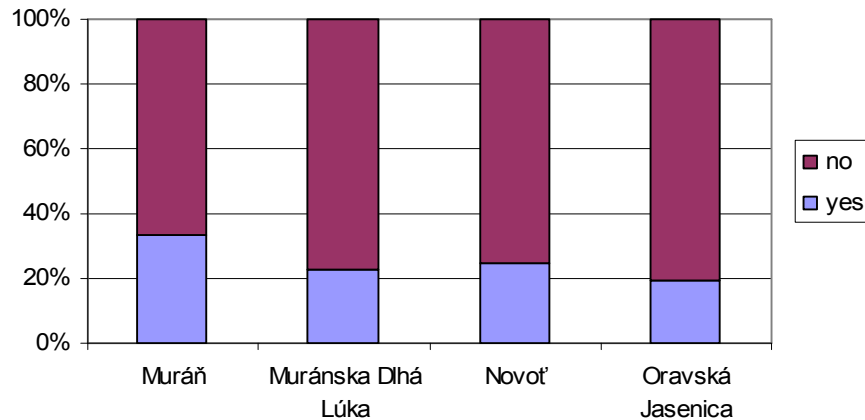
place of employment	at home	in the village	in a district town	outside the district town	elsewhere in SR	at various places	abroad
<b>Muráň</b>	7,04	42,25	15,49	16,90	2,82	7,04	8,45
<b>Muránska Dlhá Lúka</b>	10,34	44,83	13,79	24,14	3,45	0,00	3,45
<b>Novot'</b>	0,00	33,33	12,96	12,96	20,37	7,41	12,96
<b>Oravská Jasenica</b>	5,13	19,23	33,33	6,41	20,51	5,13	10,26

# Income and expenditure of households

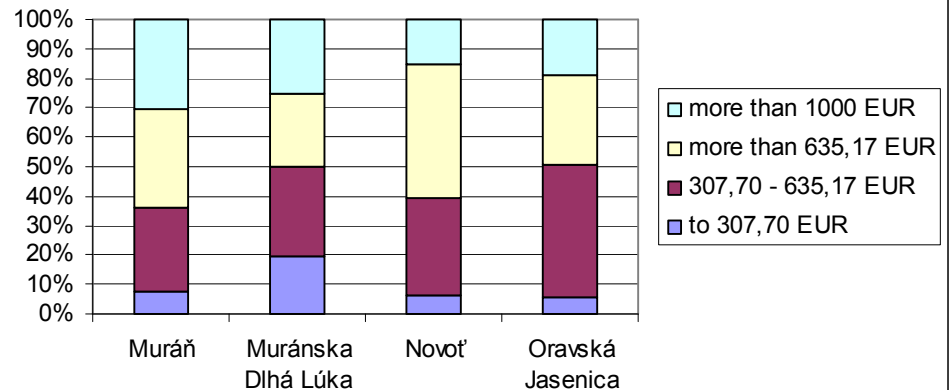
equivalent income per household member	to 283,2 EUR	<283,2 - 307,7 ) EUR	< 307,7 - 630,21 ) EUR	< 630,21 - 744,50 ) EUR	more than 744,50 EUR
<b>Muráň</b>	33,33	7,58	42,42	6,06	10,61
<b>Muránska Dlhá Lúka</b>	22,22	8,33	61,11	5,56	0,00
<b>Novot'</b>	21,74	8,70	54,35	2,17	0,00
<b>Oravská Jasenica</b>	16,98	3,77	54,72	5,66	5,66

how much money your household needs monthly?	to 307,70 EUR	307,70 - 635,17 EUR	more than 635,17 EUR	more than 1000 EUR
<b>Muráň</b>	7,58	28,79	33,33	30,30
<b>Muránska Dlhá Lúka</b>	19,44	30,56	25,00	25,00
<b>Novot'</b>	6,52	32,61	45,65	15,22
<b>Oravská Jasenica</b>	5,66	45,28	30,19	18,87

The poverty according to 60% of equivalent income per household member

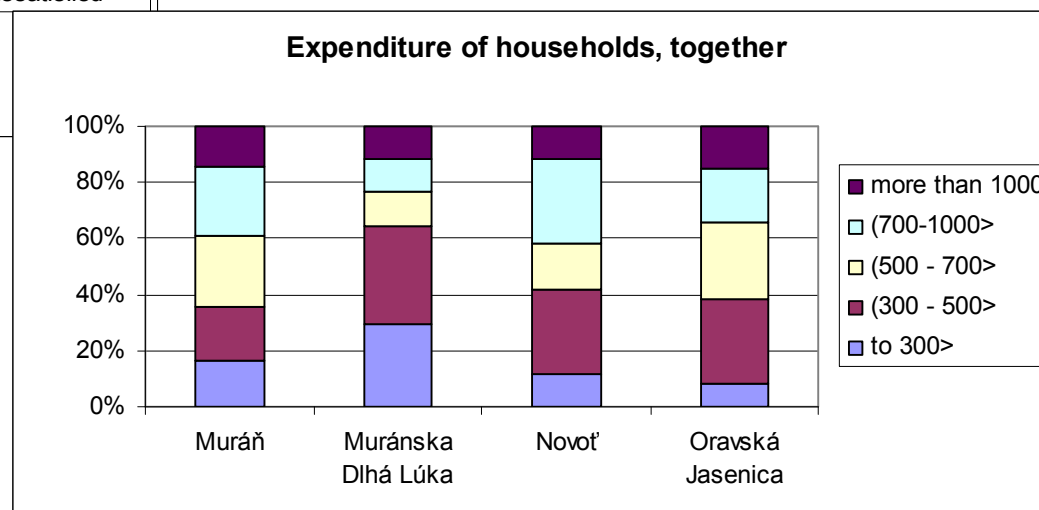
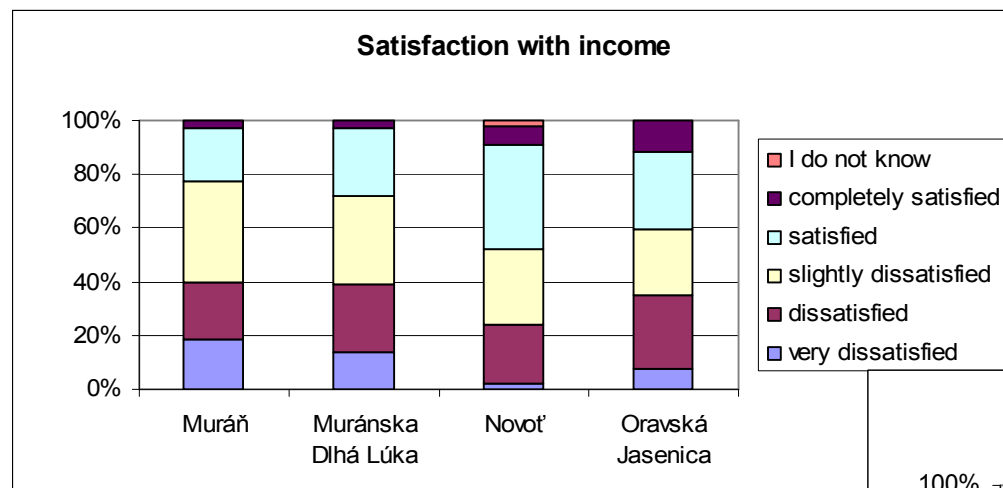


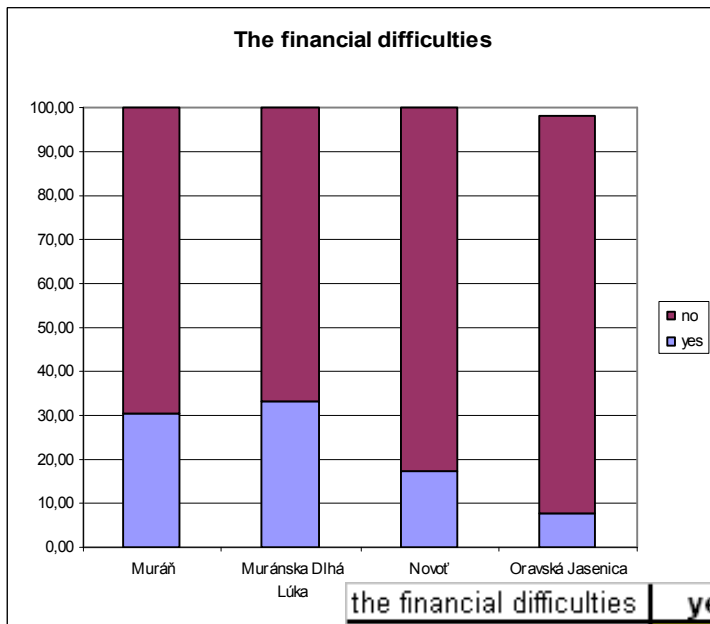
How much money your households need monthly?



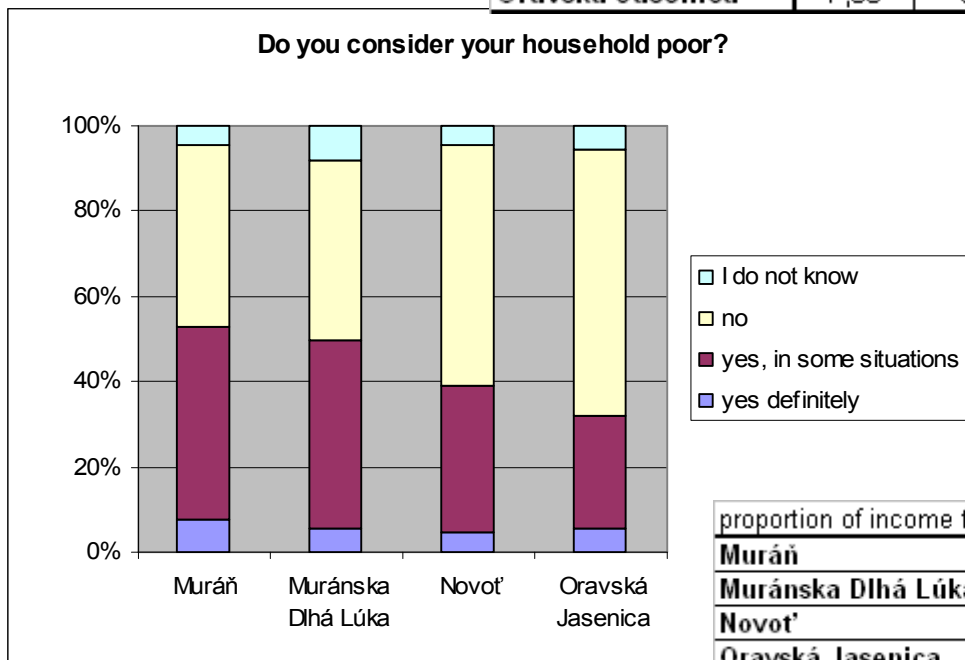
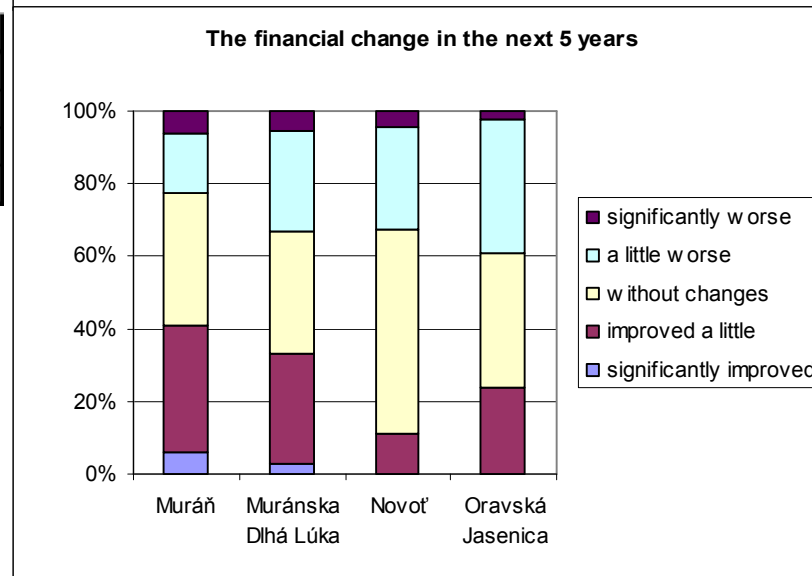
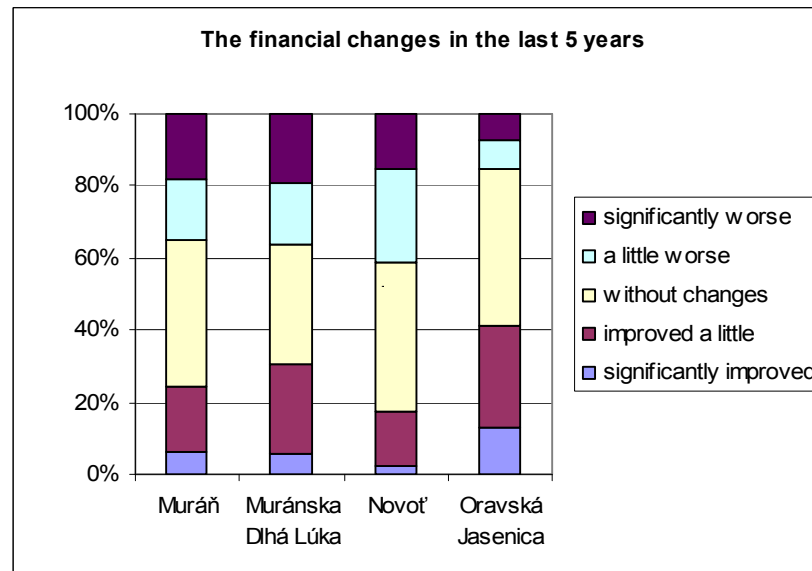
satisfaction with income	very dissatisfied	dissatisfied	slightly dissatisfied	satisfied	completely satisfied	I do not know
<b>Muráň</b>	18,18	21,21	37,88	19,70	3,03	0,00
<b>Muránska Dlhá Lúka</b>	13,89	25,00	33,33	25,00	2,78	0,00
<b>Novoť</b>	2,17	21,74	28,26	39,13	6,52	2,17
<b>Oravská Jasenica</b>	7,69	26,92	25,00	28,85	11,54	0,00

household expenditure, together	to 300>	(300 - 500>	(500 - 700>	(700-1000>	more than 1000
<b>Muráň</b>	15,15	18,18	24,24	22,73	13,64
<b>Muránska Dlhá Lúka</b>	27,78	33,33	11,11	11,11	11,11
<b>Novoť</b>	10,87	28,26	15,22	28,26	10,87
<b>Oravská Jasenica</b>	7,55	26,42	24,53	16,98	13,21



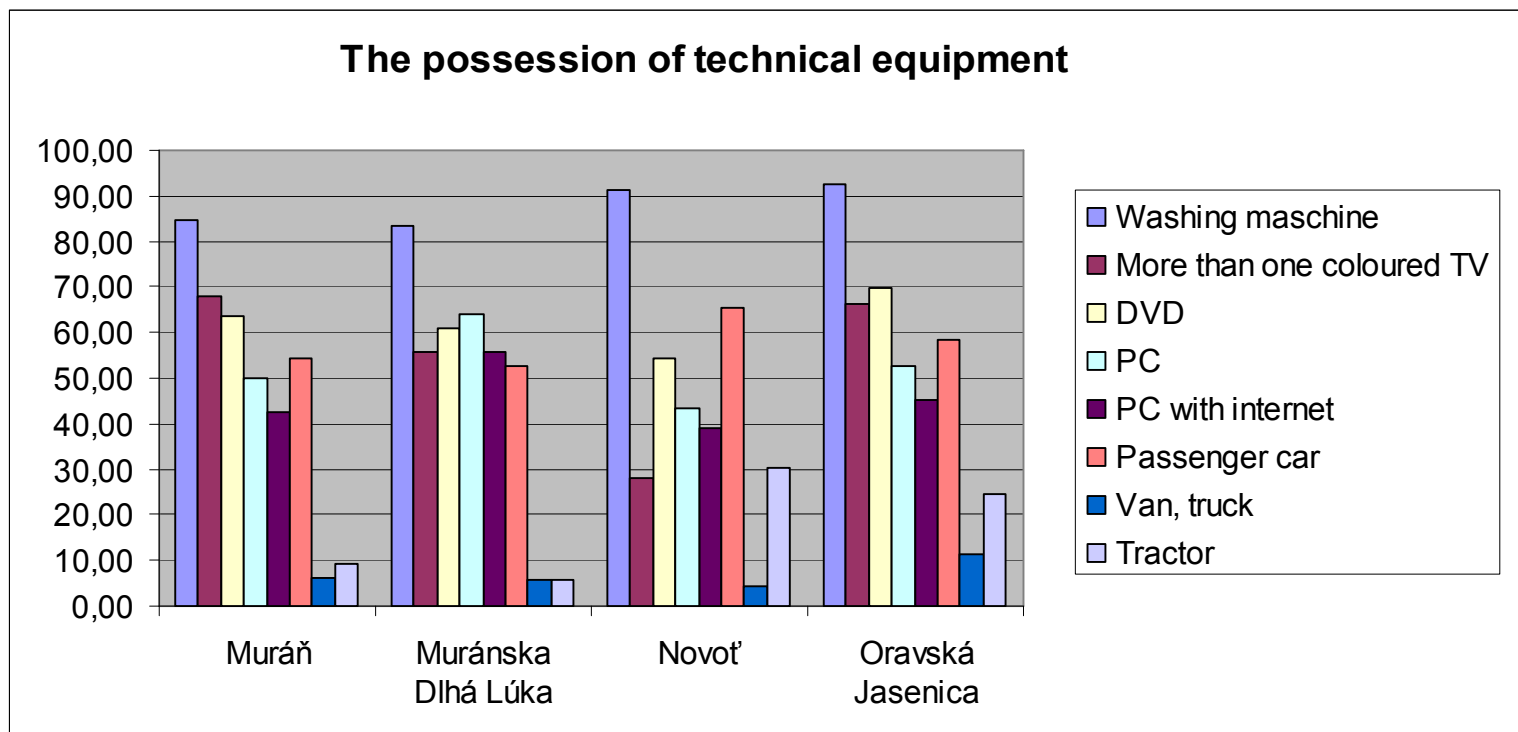


the financial difficulties	yes	no
Muráň	30,30	69,70
Muránska Dlhá Lúka	33,33	66,67
Novot'	17,39	82,61
Oravská Jasenica	7,55	90,57



proportion of income from the main job	to 50 %	<50 - 70)	<70 - 90)	more than 90
Muráň	6	8	7	20
Muránska Dlhá Lúka	2	5	2	9
Novot'	0	12	6	8
Oravská Jasenica	1	4	8	23

## 5. Facilities of households



Type of heating	gas	electricity	coal	wood	sunlight concealer	other	spolu
<b>Muráň</b>	2	0	0	62	0	0	64
<b>Muránska Dlhá Lúka</b>	4	0	0	31	0	0	35
<b>Novot'</b>	1	3	15	10	0	0	29
<b>Oravská Jasenica</b>	13	5	11	16	0	0	45
<b>Spolu</b>	<b>20</b>	<b>8</b>	<b>26</b>	<b>119</b>	<b>0</b>	<b>0</b>	<b>173</b>

# Conclusion

- the significant differentiation of the life strategies in the regions was confirmed
- normally collected statistical data revealed reality to a limited extent, there is still a need for confrontation with other case studies and empirical microapproaches
- residents and rural communities in the Orava region relies more on internal resources in order to improve the quality of life, while Gemer relies more on external assistance

Thank you for attention ...

